



Crowe & Atkinson
'Meals on Wheels'

2 Courses
Delivered:
£6.00

June Menu
Blyth & Cramlington

Please Order Before 9:30am for Lunchtime Delivery

<u>Date</u>	<u>Meal</u>	
Monday 31st May	NO MEALS TODAY	
Tuesday 1st June	Roast Gammon	Eve's Pudding
Wednesday 2nd June	Quiche or Sausage Roll with Salad	Victoria Sponge
Thursday 3rd June	Chicken & Leek Pie	Angel Delight
Friday 4th June	Beef Stew & Dumplings	Jam Roly Poly
Saturday 5th June	Chicken Curry or Mince Beef Cobbler	Fresh Cream Scone
Monday 7th June	Bacon Steak	Bread & Butter Pudding
Tuesday 8th June	Roast Beef	Rhubarb Crumble
Wednesday 9th June	Corned Beef & Potato Pie	Cherry Frangipane Tart
Thursday 10th June	Liver & Onions	Cheesecake
Friday 11th June	Chicken Casserole	Pear & Chocolate Sponge
Saturday 12th June	Chilli Con Carne or Cumberland Sausage in Onion Gravy	Banoffee Pie



Summer Sizzler Pack -

6 Frozen Meals & 6 Puddings- £33.00!



All meals are served with potatoes and vegetables unless stated otherwise.

<u>Date</u>	<u>Meal</u>	
Monday 14th June	Steak & Ale Pie	Lemon Drizzle Cake
Tuesday 15th June	Roast Chicken	Spotted Dick
Wednesday 16th June	Ham Salad	Fruit Jelly & Cream
Thursday 17th June	Mince & Dumplings	Strawberry Gateau
Friday 18th June	Corned Beef Hash	Fruit Flan
Saturday 19th June	Chicken in Creamy Mushroom Sauce	Bakewell Blondie
Monday 21st June	Mince Pie	Lemon Meringue Pie
Tuesday 22nd June	Roast Pork	Coffee & Walnut Cake
Wednesday 23rd June	Burger, Wedges & Salad	Strawberries & Cream
Thursday 24th June	Braised Beef	Summer Berry Cobbler
Friday 25th June	Chicken Cumberland Pie	Fresh Cream Donut
Saturday 26th June	Lasagne or All Day Breakfast	Key Lime Pie
Monday 28th June	Shepherds Pie	Rice Pudding
Tuesday 29th June	Roast Lamb	Fruit Strudel
Wednesday 30th June	Pork Steaks in Honey & Mustard Sauce	Apple Charlotte
Thursday 1st July	Toad in the Hole	Sticky Toffee Pudding
Friday 2nd July	Fish or Quiche & Chips	Chocolate Trifle
Saturday 3rd July	Gammon & Pineapple	Queen of Puddings



We are also able to cater for any **special dietary requirements**.
Please ensure you inform us of any **food allergies** when ordering.

Large Meals Available for ONLY £7.00

Please ask for alternative meal options- salads are always available.

Seaton Delaval & Cramlington £1 Delivery Charge